Kyrgyzstan Calling

13-day motorcycle trip through Kyrgyzstan







13 days 9 stages

Land: Kyrgyzstan
Category: Enduro
Complexity: Medium ●●
Group size: 5 - 11
: 1.730 km
: 9 Stages
: Support vehicle + replacement motorcycle
: Full board during the tour
: plus flight from 600 €

Price per person from:

From 3890 €

Overview

KYRGYZSTAN / ENDURO

Highlights

This journey takes us deep into the heart of Kyrgyzstan, up to the border with China. In nine impressive stages, we traverse the majestic high mountains, cross six passes beyond the 3,000-meter mark, and ride on trails that evoke adventure and freedom. Each day brings us breathtaking landscapes and unforgettable encounters with the warm hospitality of the Kyrgyz people – moments when we feel welcomed like friends in yurts and guesthouses.

- ✓ Enduro trip with KTM 690R across the Tian Shan mountains
- ✓ Yurt overnight stay and learning about many nomadic traditions
- ✓ spectacular mountain lakes Son Kul, Kol Suu, Issyk Kul

- Professional enduro guides and travel leadership by Erik Peters on selected dates
- varied accommodations and camping in the wilderness

Day by day itinerary

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Day 1 Arrival in Bishkek

Arrival in the morning, transfer to the hotel. After sleeping in until noon, we enjoy a late breakfast. In the afternoon, we explore the bazaar and the center of Bishkek during a city tour. We end the day with traditional cuisine at a joint dinner.

: Hotel
: F

Bishkek





Day 2 Stage 1: Bishkek – Kyzyl Oy

After breakfast, you will first receive a detailed safety briefing. Once you are familiar with the KTM 690R, we will start the adventure! Leaving the capital behind us through the Chui Valley, we will continue over the 3,180-meter-high Töö Ashu Pass into the high mountain valley of Suusamyr. From now on, it's all about gravel! On unpaved roads, we will reach the colorful Kokemeren Gorge in the afternoon. We will end the first day of this adventure in a cozy guesthouse.

: Guesthouse
: F/M/A
: 220 km (140 asphalt / 80 unpaved)

Kyzyl Oy



Day 3 Stage 2: Kyzyl Oy – Son Kul

After breakfast at the guesthouse, we continue through the impressive Kokomeren Gorge. The gravel road leads over the Karakeche Pass (3,384 m) to Son Kul Lake at 3,000 m. There we experience the spectacular nature, nomadic life, and those who wish can ride here. We park our bikes at the yurts – an unforgettable overnight stay!

: Yurt
: F/M/A
: 140 km (40 asphalt, 100 unpaved)

Son-Kul Lake





Day 4 Stage 3: Son Kul – Tash Rabat

Today we can expect one of the most spectacular stages. We will cross the 3,346 m high Moldo Pass before descending into the valley via switchbacks. Towards Mels Pass (3,420 m), the landscape transforms into wide steppes and canyons. In Tash Rabat, we will settle into yurts and end the day relaxed in the warm Banja.

: Yurt

: F/M/A

: 180 km (40 asphalt, 140 unpaved)

Tash Rabat



Day 5 **Stage 4: Tash Rabat - Kol Suu**

Before we leave the valley, we will visit Tash Rabat, an impressively well-preserved caravanserai from the 15th century. It is one of the few remaining structures from the Silk Road era in Kyrgyzstan and is a true highlight of the region.

Afterwards, we will drive east towards Kol Suu. The route leads near the Chinese border, which is why we also need a permit to be allowed to drive here.

: Guesthouse

: F/M/A

: 200 km (60 asphalt, 140 unpaved)

Kol Suu



Day 6 Stage 5: Kol Suu - Naryn

The Kol-Suu Lake, located at 3,514 meters, nestled in the spectacular mountains of the Tian-Shan range, invites you this morning for an extensive horseback ride to the lakeshore – no riding experience is required. Prefer to be on two wheels? No problem! Alternatively, you can ride your motorcycle close to the lake and tackle the final ascent on foot.

After this unforgettable experience, we continue our journey in the afternoon and reach the city of Naryn. There, we enjoy the comfort of a cozy hotel after the past nights in nature and end the day with a relaxed dinner at a good restaurant.

: Hotel
: M/F/A
: 170 km (30 asphalt, 140 unpaved)

Naryn



Day 7 Rest day Naryn

Today we enjoy a rest day and leave the motorcycles behind. Our hotel offers all the amenities a good hotel should have, including laundry service, breakfast buffet until 10 AM, and a beautiful outdoor area. For lunch, we will be served Kyrgyz folklore music and then we have a private lunch appointment with a Kyrgyz family. In the afternoon we will explore the bazaar and the city together.

: Hotel
: F/M/A



Day 8 Stage 6: Naryn - High Pastures

After we refueled the motorcycles in Naryn and loaded supplies onto the support vehicle, we set off on another exciting stage.

On this day, the route takes us over fantastic gravel roads up to the high pastures, where numerous nomads with their herds can still be found. On the 140-kilometer journey there, we can expect three impressive highlights: the confluence of the Little and Big Naryn, the spectacular Kapchygay Gorge, and the vast high pastures along the Bolgart River.

We spend the night at an altitude of 3,000 meters in a camp set up especially for us and end the day by the warming campfire.

: Tent
: M/F/A
: 140 km (20 asphalt, 120 km unpaved)

Bolgart river



Day 9 Stage 7: Hochweiden – Kochkor

The route from the camp leads over 35 kilometers back along a parallel path through the high pastures – yurts, herds of livestock, and vastness characterize the image of this route. "The little Mongolia" is our internal designation for this area. Over the Dzhalkap Bel Pass (3,320 m) we go through the Kara Kuzhur Valley a total of 130 kilometers on gravel and meadow paths, before we reach the paved road to Kotschkor in Sary Bulak, on which we cover the last 40 kilometers. In the guesthouse on the outskirts of Kochkor, we are provided with delicious, typical Kyrgyz food.

: Guesthouse
: F/M/A
: 170 km (40 km asphalt, 130 km unpaved)

Kochkor



Day 10 Stage 8: Kochkor – Chong Kemin

Our journey continues to Issyk Kul, the second largest mountain lake in the world, and takes us almost entirely on gravel and meadow paths through untouched nature and remote villages. In the morning, we reach the Semiz Bel Pass (2,720 m) after about 30 kilometers. From here, we descend through a remote gorge to the shores of the lake. After a short (swimming) stop at the shore, we drive in the afternoon through steppe-like landscapes towards the west. In the afternoon, we reach the lush green and forested Chong Kemin Valley. A place where one understands why Kyrgyzstan is also called the Switzerland of Central Asia.

: Yurt
: F/M/A
: 220 km (130 asphalt, 90 unpaved)

Chon Kemin valley



Day 11 Stage 9: Chong Kemin - Bishkek

On the last day of our motorcycle tour, we enjoy great routes off the main road one more time in the morning. After that, we head back to Bishkek, as far as possible via side roads. On the way, we visit the Silk Road minaret in Burana. In Bishkek, we toast and reflect on the journey over a hearty dinner.

: Hotel
: M/F/A
: 180 km (180 Asphalt)

Burana Tower



Day 12 Bishkek

Today we let the journey come to a relaxed end. We can decide whether to take a hike in Ala Archa National Park, go for a stroll in the city for last-minute souvenir shopping, or simply relax. Our hotel offers a spa area with a sauna, pool, and massage services. In the evening, we enjoy the excellent culinary offerings in Bishkek one last time before heading home early in the morning with unforgettable impressions.

: Hotel
: F

Bishkek



Day 13 Return journey

Transfer to the airport, return flight home.

🍴 : F

🍴 : F



Inclusions

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+ Included activities

- ✓ KTM 690R rental motorcycle and gasoline
- ✓ 12 overnight stays with breakfast (5x hotel, 3x private guesthouse, 1x tent, 3x yurt), a hotel room is also available on the night of arrival
- ✓ professional Enduro guide (English-speaking), second guide for groups of 7 or more participants
- ✓ Tour guide by Erik Peters (motorradreisender.de) on selected dates
- ✓ Full board during the motorcycle tour, except on the first and last travel day.
- ✓ Drinks and snacks during the tour (water, tea, coffee, cola, nuts, bars, fruit)
- ✓ Luggage transport in a 4x4 support vehicle with trailer and spare motorcycle
- ✓ Technical support for breakdowns
- ✓ comfortable camping equipment (shower tent, camping toilet, sleeping pads, team tent)
- ✓ High-quality VAUDE tents for individual use for each participant
- ✓ Border permit for the border region to China
- ✓ German-speaking city tour in Bishkek, city walk in Naryn, folklore performance, visit to an eagle hunter
- ✓ Participant T-Shirt
- ✓ well-equipped emergency kit

Whats not included

- × Arrival and Departure
- × Motorcycle clothing, helmet, gloves, etc.
- × Deposit for the motorcycle (€500)
- × Lunch and dinner on the first and last travel day in Bishkek
- × optional excursions and tips
- × Airport transfers on individual arrival and departure days

Bikes

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KTM 690 R

Type Enduro

The KTM 690 R is a powerful, lightweight single-cylinder motorcycle with around 75 hp and 693 cc of displacement. Thanks to its low weight, long suspension travel, and robust design, it is ideal for demanding off-road sections and versatile motorcycle tours.



KTM 390 R

Type Enduro

The KTM 390 R is a compact and easy-to-handle single-cylinder motorcycle with around 45 hp and 398 cc of displacement. With its lower seat height and our additional lowering, it is ideal for shorter riders and for those who find the KTM 690 R too tall. Its predictable and controllable handling makes it perfect for relaxed and confident off-road riding.

Any other questions?

Internet, calling and charging batteries!?

A digital detox with mountain views definitely has its charm! ✨ Still, here are some tips for electricity, internet, and phone use: SIM cards are available at the airport or in the city for €5–10. International roaming packages or providers for global eSIMs (e.g., www.airalo.com) are a good alternative. Need to charge your devices? Fixed accommodations have standard Type C outlets. In yurts or when camping, it gets tricky—so don't forget a power bank. Network coverage in the mountains is usually nonexistent, but in cities and most villages you get good access to the internet.

Is there a packing list? What should I bring?

With every booking, we also send a packing list so you don't forget anything. In general, we will be traveling in extreme climate zones. In the capital, we are at under 1,000 meters, during the mountain passes at 3,000m, and sometimes even over 4,000m depending on the trip. So, you need to be prepared for hot, cold, and occasionally wet weather in the high mountains. You should choose your clothing so that you can adjust to the conditions using the "onion principle" (layering).

For all trips with camping nights, you need to bring your own sleeping bag. We'll take care of the rest of the camping equipment.

Which flights and airlines are suitable?

For your arrival, two airlines are available: Turkish Airlines and Pegasus Airlines. Both airlines fly via Istanbul. We have had good experiences with both airlines for many years. Pegasus, as the budget subsidiary of Turkish Airlines, offers less service.

Example for a connection Munich - Bishkek:

Outbound Flight: 12:50 PM (TK1642), arrival in Istanbul at 4:55 PM Approximately 2 hours for the layover Departure at 6:50 PM (TK346), arrival in Bishkek at 3:05 AM

Return Flight: 10:15 AM (TK345), arrival in Istanbul at 1:15 PM Approximately 3 hours for the layover Departure at 4:15 PM (TK1635), arrival in Munich at 6:05 PM

Airport Transfer: We will pick you up at the airport at any time on your arrival day and will also drop you off at the airport at the end of your trip.

For the most relaxed flight connection to sleep in and adjust to the time difference, we recommend: Outbound flight TK346 arriving at around 3:00 AM (11:00 PM German time) and return flight TK345 around 10:00 AM (6:00 AM German time). Other combinations/flight numbers are also possible.

Possible Flights:

Outbound: TK346 around 1:00 AM / TK348 around 4:00 AM / TK344 around 9:00 AM Pegasus flight numbers: PC 702 / PC 704 / PC 706

Return: TK347 around 3:00 AM / TK349 around 6:00 AM / TK345 around 10:00 AM Pegasus flight numbers: PC 703 / PC 705 / PC 707

When is the best time to travel to Kyrgyzstan?

For outdoor activities such as hiking, cycling, and horseback riding, the summer months from June to September are ideal due to the warm and dry weather. This is also the best time to visit high-altitude regions at 3,000 meters, such as Son-Kul Lake and Tosor Pass.

For those interested in winter sports, the period from December to March is perfect, as Kyrgyzstan offers excellent opportunities for skiing and snowboarding. Spring (April and May) and autumn (October and November) are less common times for traveling to Kyrgyzstan but are ideal for tours in Uzbekistan.

Is Kyrgyzstan a safe country to travel to?

Yes. Kyrgyzstan is a safe and pleasant country to travel to. Travelers are welcomed in a very hospitable and polite manner. Fortunately, street crime is very rare in Kyrgyzstan. On our trips, we will make you aware of "critical" situations on the first day. This

includes the usual advice: avoid nighttime city walks, do not display valuables openly, and leave expensive watches, valuable jewelry, and other unnecessary valuables at home.

Important information

Requirements

Kyrgyzstan Calling is a medium-difficulty off-road tour. We mainly ride off paved roads over varied gravel paths, mountain trails, and meadow paths. You should be able to handle your motorcycle confidently, especially on unpaved roads, and have prior experience on gravel. Pure street riders without off-road experience will quickly reach their limits here – however, those with solid enduro practice or adventure travel experience will be able to master the tour very well.

The tour is designed so that each stage can be completed in daylight even at a leisurely pace and with photo stops. Should there be a technical breakdown along the way that cannot be immediately fixed, a replacement motorcycle is available.

Climate

Kyrgyzstan is characterized by a dry continental climate, which is accompanied by strong temperature fluctuations. In summer, temperatures in the southern part of the country can reach up to 45 °C, while in winter, they often drop below -10 °C in the lower-lying regions. The months from July to September are marked by plenty of sunshine – with an average of 250 sunny days a year, Kyrgyzstan is one of the sunniest countries in the region. During this time, daytime temperatures are around 35 °C in Bishkek, 30 °C at Lake Issyk-Kul, and a pleasant 15 °C at Lake Son-Kul. Especially in the high mountains, it cools down significantly at night, and even in summer, temperatures can drop to freezing point. The climate is well-suited for adventure travel but requires careful planning, especially regarding the right equipment for hot days and cold nights.

Overnight stays and single room surcharge

We will stay in solid accommodations, yurt camps, and one night in the wilderness in a tent. The accommodations are lovingly designed, authentic, and we will experience Kyrgyz hospitality. For the night in the tent, we take care of a certain camping comfort: everyone gets their own tent with a comfortable sleeping pad. There is also a communal tent, shower tent, and toilet tent. You only need to bring your sleeping bag.

The **single room surcharge** refers to the overnight stay in hotels in Bishkek and Naryn as well as in guesthouses in Kyzyl Oy, Kol Suu, and Kochkor. In the yurts at Son Kul, Tash Rabat, and Bel Tam, we are accommodated in groups of a maximum of 4 people per yurt. The yurts are not available for single use. Optionally, rooms can be booked in Tash Rabat and Bel Tam (subject to availability).

Travel itinerary

Depending on weather conditions, it may occur that certain sections of the route are not passable. In such cases, changes to the program and route may occur. In extreme weather conditions, such as heavy rainfall or snowfall, crossing passes may become impossible, necessitating larger detours. The described program represents the optimal variant and will be implemented as planned, provided conditions allow.

Entry / Visa

Citizens from the EU and Switzerland do not need a visa for entry into Kyrgyzstan for stays of up to 30 days. This regulation applies to many other countries as well.

A valid passport is required for entry, which must be valid for at least 6 months beyond the date of departure.

Please inform yourself about the current travel and safety advisories as well as the entry requirements from the foreign ministry responsible for you, e.g. www.auswaertiges-amt.de, www.aussenministerium.at, www.eda.admin.ch.

Vaccinations and Health Care

There are no mandatory vaccinations for entry into Kyrgyzstan. However, it is important that your standard vaccinations against tetanus, diphtheria, and polio are up to date. Additionally, we recommend considering vaccinations against hepatitis A. For longer

stays or certain activities, vaccinations against hepatitis B and rabies may also be advisable. It is best to discuss this with your doctor or a tropical medicine specialist.

- Center for Travel Medicine: crm.de
- Robert Koch Institute: rki.de

Of course, these sites do not replace a visit to the doctor. Plan enough time and ideally contact your doctor several months before the trip to create a vaccination plan.

Literature and maps

Kyrgyzstan: To the Peaks of Tien Shan and Pamir (Trescher Series Travel) 2018 5th Edition, Dagmar Schreiber (Author), Thomas Flechtner (Author)

Dates & Availability

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Starting Sunday **20 Jun 2027**	Ending Friday **2 Jul 2027**	Fully booked	Book now
Starting Sunday **11 Jul 2027**	Ending Friday **23 Jul 2027**	Bookable	Book now
Starting Monday **26 Jul 2027**	Ending Saturday **7 Aug 2027**	Bookable, guaranteed	Book now
Starting Sunday **22 Aug 2027**	Ending Friday **3 Sep 2027**	Fully booked	Book now