

Kyrgyzstan Calling

13-day motorcycle trip through Kyrgyzstan

EPIC TRAILS



☀ 19 days ⚓ 14 stages

Land: Kyrgyzstan

Category: Enduro

Complexity: Medium ●●

Group size: 9 - 11

🛣 : 1.730 km

🚧 : 9 Stages

🚐 : Support vehicle + replacement motorcycle

👉 : Full board during the tour

✈ : plus flight from 600 €

Price per person from:

From 5990 €

Highlights

This journey takes us deep into the heart of Kyrgyzstan, all the way to the border with China. In eight impressive stages, we traverse the majestic high mountains, cross six passes beyond the 3,000-meter mark, and ride on tracks that evoke adventure and freedom. Each day brings us breathtaking landscapes and unforgettable encounters with the warm hospitality of the Kyrgyz people – moments in which we feel welcomed like friends in yurts and guesthouses.

- ✓ Enduro trip with KTM 690R across the Tian Shan mountains
- ✓ Yurt overnight stay and learning about many nomadic traditions
- ✓ spectacular mountain lakes Son Kul, Kol Suu, Issyk Kul
- ✓ Professional enduro guides and travel leadership by Erik Peters on selected dates
- ✓ varied accommodations and camping in the wilderness

+ Included activities

- ✓ KTM 690R rental motorcycle and gasoline
- ✓ 12 overnight stays with breakfast (5x hotel, 3x private guesthouse, 1x tent, 3x yurt), a hotel room is also available on the night of arrival
- ✓ professional Enduro guide (English-speaking), second guide for groups of 7 or more participants
- ✓ Tour guide by Erik Peters (motorradreisender.de) on selected dates
- ✓ Full board during the motorcycle tour, except on the first and last travel day.
- ✓ Drinks and snacks during the tour (water, tea, coffee, cola, nuts, bars, fruit)
- ✓ Luggage transport in a 4x4 support vehicle with trailer and spare motorcycle
- ✓ Technical support for breakdowns
- ✓ comfortable camping equipment (shower tent, camping toilet, sleeping pads, team tent)
- ✓ High-quality VAUDE tents for individual use for each participant
- ✓ Border permit for the border region to China
- ✓ German-speaking city tour in Bishkek, city walk in Naryn, folklore performance, visit to an eagle hunter
- ✓ Participant T-Shirt
- ✓ well-equipped emergency kit

Whats not included

- ✗ Arrival and Departure
- ✗ Motorcycle clothing, helmet, gloves, etc.
- ✗ Deposit for the motorcycle (€500)
- ✗ Lunch and dinner on the first and last travel day in Bishkek
- ✗ optional excursions and tips
- ✗ Airport transfers on individual arrival and departure days

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Kyrgyzstan Calling / 5



KTM 690 R

Type Enduro-Bike

The KTM 690 R Enduro is a powerful, versatile off-road machine. With its robust engine, excellent suspension, and agility, it is perfectly suited for our trips.

Internet, calling and charging batteries!?

A digital detox with mountain views definitely has its charm! 🌟 Still, here are some tips for electricity, internet, and phone use: SIM cards are available at the airport or in the city for €5–10. International roaming packages or providers for global eSIMs (e.g., www.airalo.com) are a good alternative. Need to charge your devices? Fixed accommodations have standard Type C outlets. In yurts or when camping, it gets tricky—so don't forget a power bank. Network coverage in the mountains is usually nonexistent, but in cities and most villages you get good access to the internet.

Is there a packing list? What should I bring?

With every booking, we also send a packing list so you don't forget anything. In general, we will be traveling in extreme climate zones. In the capital, we are at under 1,000 meters, during the mountain passes at 3,000m, and sometimes even over 4,000m depending on the trip. So, you need to be prepared for hot, cold, and occasionally wet weather in the high mountains. You should choose your clothing so that you can adjust to the conditions using the "onion principle" (layering).

For all trips with camping nights, you need to bring your own sleeping bag. We'll take care of the rest of the camping equipment.

Which flights and airlines are suitable?

For your arrival, two airlines are available: Turkish Airlines and Pegasus Airlines. Both airlines fly via Istanbul. We have had good experiences with both airlines for many years. Pegasus, as the budget subsidiary of Turkish Airlines, offers less service.

Example for a connection Munich - Bishkek:

Outbound Flight: 12:50 PM (TK1642), arrival in Istanbul at 4:55 PM Approximately 2 hours for the layover Departure at 6:50 PM (TK346), arrival in Bishkek at 3:05 AM

Return Flight: 10:15 AM (TK345), arrival in Istanbul at 1:15 PM Approximately 3 hours for the layover Departure at 4:15 PM (TK1635), arrival in Munich at 6:05 PM

Airport Transfer: We will pick you up at the airport at any time on your arrival day and will also drop you off at the airport at the end of your trip.

For the most relaxed flight connection to sleep in and adjust to the time difference, we recommend: Outbound flight TK346 arriving at around 3:00 AM (11:00 PM German time) and return flight TK345 around 10:00 AM (6:00 AM German time). Other combinations/flight numbers are also possible.

Possible Flights:

Outbound: TK346 around 1:00 AM / TK348 around 4:00 AM / TK344 around 9:00 AM Pegasus flight numbers: PC 702 / PC 704 / PC 706

Return: TK347 around 3:00 AM / TK349 around 6:00 AM / TK345 around 10:00 AM Pegasus flight numbers: PC 703 / PC 705 / PC 707

When is the best time to travel to Kyrgyzstan?

For outdoor activities such as hiking, cycling, and horseback riding, the summer months from June to September are ideal due to the warm and dry weather. This is also the best time to visit high-altitude regions at 3,000 meters, such as Son-Kul Lake and Tosor Pass.

For those interested in winter sports, the period from December to March is perfect, as Kyrgyzstan offers excellent opportunities for skiing and snowboarding. Spring (April and May) and autumn (October and November) are less common times for traveling to Kyrgyzstan but are ideal for tours in Uzbekistan.

Is Kyrgyzstan a safe country to travel to?

Yes. Kyrgyzstan is a safe and pleasant country to travel to. Travelers are welcomed in a very hospitable and polite manner. Fortunately, street crime is very rare in Kyrgyzstan. On our trips, we will make you aware of "critical" situations on the first day. This includes the usual advice: avoid nighttime city walks, do not display valuables openly, and leave expensive watches, valuable jewelry, and other unnecessary valuables at home.

Heart Requirements

Kyrgyzstan Calling is a medium-difficulty off-road tour. We predominantly ride off paved roads over varied gravel paths, mountain trails, and meadow paths. You should be proficient with your motorcycle, especially on unpaved roads, and have prior experience on gravel. Pure street riders without off-road experience will quickly reach their limits here – however, those with solid enduro practice or adventure travel experience will be able to master the tour very well.

The tour is designed so that each stage can be completed in daylight, even at a leisurely pace and with photo stops. Should there be a technical breakdown along the way that cannot be immediately fixed, a replacement motorcycle is available.

Sun Climate

Kyrgyzstan is characterized by a dry continental climate, which is accompanied by strong temperature fluctuations. In summer, temperatures in the southern part of the country can reach up to 45 °C, while in winter they often drop below -10 °C in the lower regions. The months from July to September are marked by plenty of sunshine – with an average of 250 sunny days a year. Kyrgyzstan is one of the sunniest countries in the region. During this time, daytime temperatures are around 35 °C in Bishkek, 30 °C at Lake Issyk-Kul, and a pleasant 15 °C at Lake Son-Kul. Especially in the high mountains, it cools down significantly at night, and even in summer, temperatures can drop to freezing point. The climate is well-suited for adventure travel but requires careful planning, especially regarding the right equipment for hot days and cold nights.

Luggage Overnight stays and single room surcharge

We will stay in solid accommodations, yurt camps, and one night in the wilderness in a tent. The accommodations are lovingly designed, authentic, and we will experience Kyrgyz hospitality. For the night in the tent, we take care of a certain camping comfort: everyone gets their own tent with a comfortable sleeping pad. There is also a communal tent, shower tent, and toilet tent. You only need to bring your sleeping bag.

The **single room surcharge** refers to the overnight stay in hotels in Bishkek and Naryn as well as in guesthouses in Kyzyl Oy, Kol Suu, and Kochkor. In the yurts at Son Kul, Tash Rabat, and Bel Tam, we are accommodated in groups of a maximum of 4 people per yurt. The yurts are not available for single use. Optionally, rooms can be booked in Tash Rabat and Bel Tam (subject to availability).

Info Travel itinerary

Depending on weather conditions, it may happen that certain sections of the route are not passable. In such cases, there may be changes to the program and route schedule. In extreme weather conditions, such as heavy rain or snowfall, mountain crossings could become impossible, necessitating longer detours. The described program represents the optimal variant and will be implemented as planned, provided the conditions allow.

Passport Entry / Visa

Citizens from the EU and Switzerland do not need a visa to enter Kyrgyzstan. This regulation applies to many other countries as well.

A valid passport is required for entry, which must be valid for at least 6 months beyond the date of departure.

Asterisk Vaccinations and Health Prevention

There are no mandatory vaccinations for entry into Kyrgyzstan. However, it is important that your standard vaccinations against tetanus, diphtheria, and polio are up to date. Additionally, we recommend considering vaccinations against hepatitis A. For longer stays or certain activities, vaccinations against hepatitis B and rabies may also be advisable. It is best to discuss this with your doctor or a tropical medicine specialist.

- Center for Travel Medicine: crm.de
- Robert Koch Institute: rki.de

Of course, these sites do not replace a doctor's visit. Allow enough time and ideally contact your doctor several months before the trip to create a vaccination plan.

Laptop Literature and maps

Kyrgyzstan: To the Peaks of Tien Shan and Pamir (Trescher Series Travel) 2018 5th Edition, Dagmar Schreiber (Author), Thomas Flechtner (Author)

Dates & Availability

KYRGYZSTAN / ENDURO

Starting Tuesday **7 Jul**



Ending Saturday **25 Jul**

Bookable, guaranteed

Book now

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Kyrgyzstan Calling / 9