

Individual tours

Individual travel in Central Asia


EPIC TRAILS



☀ 99 days  99 stages

Land: Kyrgyzstan

Category: Bike & Hike, E-bike, Bike & Sight, Family tours, Enduro, Mountainbike, Ski & Snowboarding

Complexity: Easy-medium ●

Group size: 1 - 12

Price per person from:

From €

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Overview

KYRGYZSTAN / BIKE & HIKEE-BIKEBIKE & SIGHTFAMILY TOURSENDUROMOUNTAINBIKESKI & SNOWBOARDING

Put together your trip according to your wishes

We design your very own personal journey.

- ✓ individual mountain bike tours 
- ✓ unforgettable horseback riding tours 
- ✓ family trips for all ages 
- ✓ dream ski trips 
- ✓ exciting motorcycle trips 
- ✓ exciting cultural  and trekking trips 

Day by day

itinerary

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Day 1 Mountain biking trip

✨ Your mountain biking adventure in Central Asia! ✨

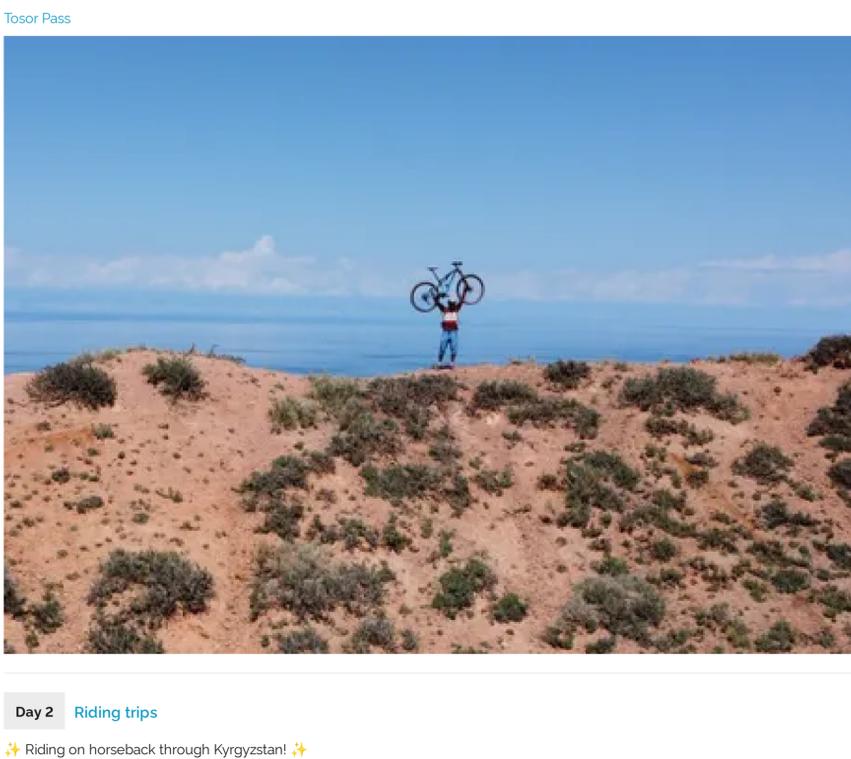
In Kyrgyzstan 🇰🇾 and Uzbekistan 🇺🇿 spectacular mountain biking routes await you – a true paradise for adventurers on two wheels 🚴. Off the beaten path, you will discover wild nature, lonely valleys, and unforgettable panoramic views 🌄.

From May to October, the endless expanses of the Tianshan and Pamir mountains offer perfect trails: flowing descents, challenging climbs, and demanding off-road tracks – here, every biker's heart beats faster ❤️.

But your adventure doesn't end in the saddle: Experience the warm hospitality of the nomads 🏡, stay in traditional yurts 🏠, visit colorful bazaars 🏪, and immerse yourself in the rich culture of Central Asia.

👉 Experience the perfect combination of cycling, nature, and culture – your unforgettable mountain biking experience awaits!

Tosor Pass



Day 2 Riding trips

✨ Riding on horseback through Kyrgyzstan! ✨

Kyrgyzstan is the land of horses – and a riding tour here means pure adventure amidst untouched nature. Follow the ancient nomadic paths, cross green valleys, clear mountain rivers, and ride to the sparkling high mountain lakes like Son-Kul or Issyk-Kul 🐎.

📅 From May to September is the best time to discover Kyrgyzstan on horseback: endless steppes, alpine mountain landscapes, and wide horizons that will leave you in awe every hour ✨.

Your journey will be accompanied by genuine nomadic culture: stay in traditional yurts 🏡, taste homemade Kymyz (mare's milk) 🥛, and experience the warm hospitality of the people ❤️.

👉 Immerse yourself in a centuries-old tradition, feel the freedom of riding, and discover Kyrgyzstan in a truly authentic way!

Son-Kul Lake



Day 3 Family travel

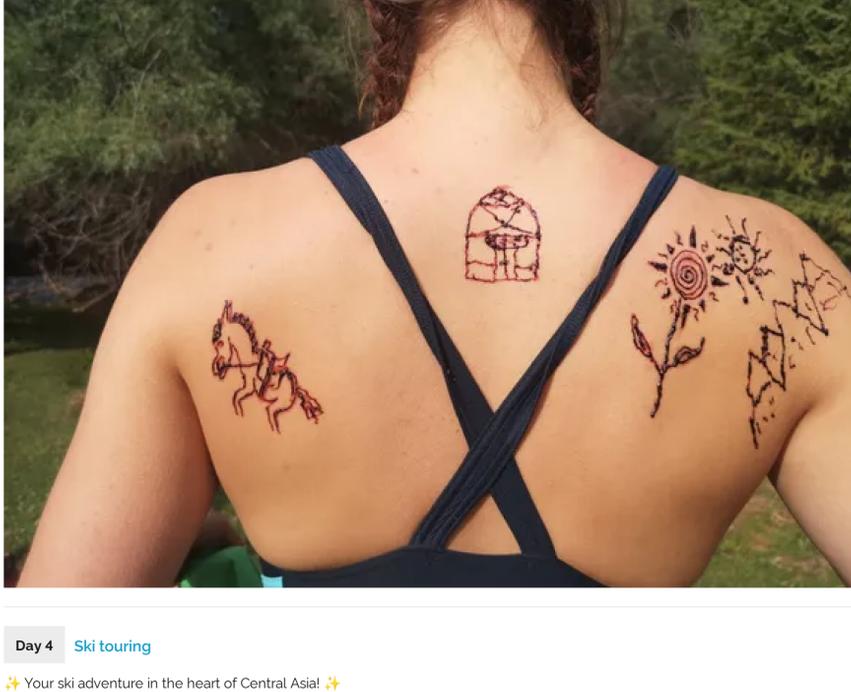
👨‍👩‍👧‍👦 Family trips in Kyrgyzstan! Discover one of the most diverse regions of Asia 🏡 with warm hospitality 🤝 – perfect for little adventurers!

Experience unforgettable activities: Horseback riding 🐎, easy hikes 🥾, cycling through villages 🚴, experiencing nomadic life up close, and exciting wildlife encounters 🦌.

Stay in family-friendly accommodations: Yurt camps, comfortable hotels, cozy guesthouses, or tent camps in nature 🌿.

Kyrgyzstan is safe and easy to travel ✅, with flexible travel stages, so you can enjoy the adventures at your own pace ✨.

Yeti Oguz



Day 4 Ski touring

✨ Your ski adventure in the heart of Central Asia! ✨

In Kyrgyzstan 🇰🇾 and Uzbekistan 🇺🇿 unforgettable ski tours await you – a key part of the outdoor offerings and a hidden gem for those seeking something special 🏂. While tourism is in hibernation during winter, you will discover untouched nature off the beaten paths 🌄.

From December to February 📅, the mighty Tianshan mountains guarantee snow-covered dream landscapes and perfect conditions for ski tours & freeride descents 🏂❄️.

But your adventure doesn't end in the snow: Enjoy relaxing hours in the sauna yurt 🛀, experience action-packed atrak freeride days, meet a real eagle hunter, stroll through colorful bazaars, and discover fascinating cultural highlights ✨.

👉 Experience the perfect combination of adventure, culture, and nature – a winter fairy tale you will never forget!

Jyrgalan



Day 5 Individual Motorcycle Adventures

✨ Enduro Adventure in Central Asia! ✨

Endless expanses, wild mountain landscapes, and endless trails – Central Asia is a true paradise for enduro fans 🏍️. Together with you, we create individual routes tailored to your riding skills and experience. Each tour becomes your very own adventure 🗺️.

With our powerful KTM rental motorcycles 🏍️, the route becomes your playground: gravel roads, river crossings, mountain passes, and lonely steppes are just waiting to be conquered by you.

But it's not just the trails that make this journey unique: on the way, you will experience the legendary hospitality of the locals 🤝, spend the night in yurts or guesthouses, and immerse yourself in the fascinating culture of Central Asia.

👉 Action, adventure, and authenticity – experience enduro riding where freedom knows no bounds!

Should I also pack the text into a short, catchy teaser version that can be placed next to other types of travel on an overview page?

Osh



Day 6 Cultural trips

Dive into the fascinating history, colorful bazaars 🏪, magnificent mosques 🕌, and vibrant traditions. ✨ Experience authentic encounters 🤝, local festivals, and unforgettable cultural highlights 🌍 – your journey into the soul of Central Asia begins here!

Samarkand



Day 7 Trekking tours

Trekking adventure in Central Asia! Climb the majestic peaks of the Pamir 🏔️, the Fan Mountains 🏡, or the Tianshan Mountains 🌄 and discover untouched nature trails 🥾. Experience breathtaking views, warm hospitality 🤝, and the fascinating culture – your trekking dream awaits! ✨

Pamir Mountains



Inclusions

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+ Included activities

- ✓ We take care of everything so you can travel completely relaxed.
- ✓ inspiring guides
- ✓ reliable transport
- ✓ varied overnight stay
- ✓ unforgettable experiences
- ✓ deep insights into the culture

Whats not included

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Any other questions?

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"Should I take out insurance, and which one?"

For your trips, we definitely recommend taking out travel cancellation insurance and international travel health insurance (to cover treatment and rescue costs).

When it comes to travel insurance, we rely on our strong partner, HanseMerkur Insurance. Insurance offerings from HanseMerkur include:

One-time Insurance

[HanseMerkur 5 Sterne Premium Schutz](#)

[HanseMerkur Reiserücktrittsversicherung](#)

Annual Insurance

[HanseMerkur Jahresschutz Platin](#)

[HanseMerkur Jahres Reise-Rücktrittsversicherung](#)

[HanseMerkur Jahresreisekrankenversicherung](#)

Annual Insurance Annual insurance often pays off from the very first trip. Additionally, the 20% deductible for the travel cancellation insurance is waived.

Internet, calling and charging batteries!?

A digital detox with mountain views definitely has its charm! ✨ Still, here are some tips for electricity, internet, and phone use: SIM cards are available at the airport or in the city for €5–10. International roaming packages or providers for global eSIMs (e.g., www.airalo.com) are a good alternative. Need to charge your devices? Fixed accommodations have standard Type C outlets. In yurts or when camping, it gets tricky—so don't forget a power bank. Network coverage in the mountains is usually nonexistent, but in cities and most villages you get good access to the internet.

Is there a packing list? What should I bring?

With every booking, we also send a packing list so you don't forget anything. In general, we will be traveling in extreme climate zones. In the capital, we are at under 1,000 meters, during the mountain passes at 3,000m, and sometimes even over 4,000m depending on the trip. So, you need to be prepared for hot, cold, and occasionally wet weather in the high mountains. You should choose your clothing so that you can adjust to the conditions using the "onion principle" (layering).

For all trips with camping nights, you need to bring your own sleeping bag. We'll take care of the rest of the camping equipment.

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Dates &

Availability

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