

E-Bike Adventure

Guided E-Bike Tour through Kyrgyzstan


EPIC TRAILS



☀ 14 days 🛤 7 stages

Land: Kyrgyzstan

Category: E-bike

Complexity: Easy-medium ●

Group size: 5 - 12

Price per person from:

From 2690 €

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Overview

This journey combines gentle adventure tourism with comfort and culture: With the e-bike, we leisurely explore the heart of Central Asia – from the vibrant capital Bishkek to the remote shores of Issyk Kul. On varied stages, we experience impressive high mountain landscapes, cross lonely passes, discover centuries-old cultural treasures, and spend the night in yurts under the starry sky. The mix of nature, movement, encounters, and enjoyment makes this journey an unforgettable experience.

- ✓ Enjoyable e-bike stages through spectacular mountain landscapes
- ✓ Relaxation in hot springs and by the crystal-clear Issyk Kul
- ✓ Authentic encounters and experiencing the nomadic culture
- ✓ Overnight stays in yurts and traditional guesthouses
- ✓ Diverse activities: hiking, horseback riding, crafts, and culture

Day 1 Arrival in Bishkek (800 m)

We land in Bishkek and are comfortably taken to the hotel by shuttle bus. In the afternoon, we take a city tour through the green capital of Kyrgyzstan and get to know the bazaar, the center with its squares and government buildings. We end the day with a shared meal.

-  : Hotel
-  : F

[Bishkek](#)

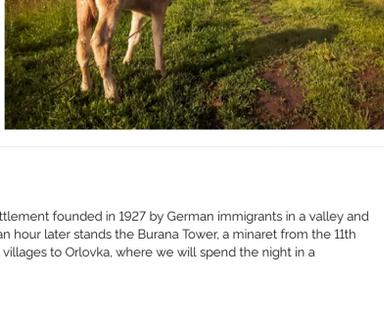


Day 2 Bishkek – Issyk Ata (5,906 ft)

After breakfast, we take the bus out of the city (about 1 hour) and start our cycling trip on a little-traveled road near the mountains. The stage leads up an asphalted road to the spa town of Issyk Ata. In the afternoon, there is time to relax or take a bath in the hot springs. We will spend the night in a simple guesthouse right in the spa.

-  : 30 km
-  : 600 hm
-  : Pension
-  : M/F/A

[Issyk Ata](#)

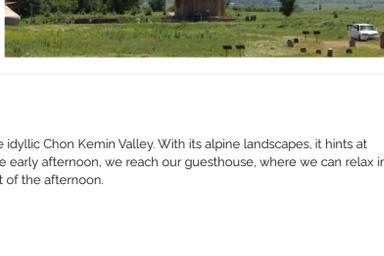
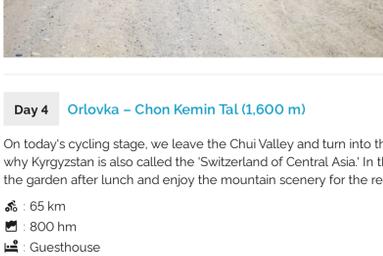


Day 3 Issyk Ata – Orlovka (1,200 m)

From the spa resort, we reach Rotfront after a 10-km descent, a settlement founded in 1927 by German immigrants in a valley and still home to the largest German community in Kyrgyzstan. About an hour later stands the Burana Tower, a minaret from the 11th century. After lunch at the Burana Tower, we cycle through various villages to Orlovka, where we will spend the night in a guesthouse.

-  : 75 km
-  : 1360 hm
-  : Pension
-  : M/F/A

[Burana Tower](#)

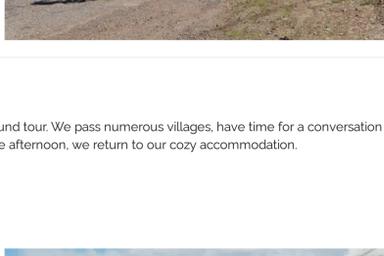


Day 4 Orlovka – Chon Kemin Tal (1,600 m)

On today's cycling stage, we leave the Chui Valley and turn into the idyllic Chon Kemin Valley. With its alpine landscapes, it hints at why Kyrgyzstan is also called the 'Switzerland of Central Asia.' In the early afternoon, we reach our guesthouse, where we can relax in the garden after lunch and enjoy the mountain scenery for the rest of the afternoon.

-  : 65 km
-  : 800 hm
-  : Guesthouse
-  : M/F/A

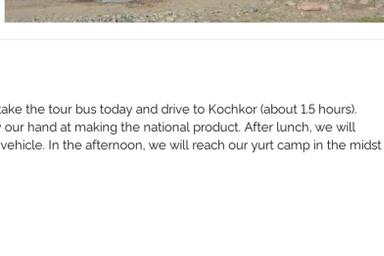
[Chon Kemin valley](#)



Day 5 Chon Kemin Round Tour

The Chon Kemin Valley offers a dreamy backdrop for a relaxing round tour. We pass numerous villages, have time for a conversation or tea with the locals, and get to know life in rural Kyrgyzstan. In the afternoon, we return to our cozy accommodation.

-  : 45 km
-  : 800 hm
-  : Guesthouse
-  : M/F/A

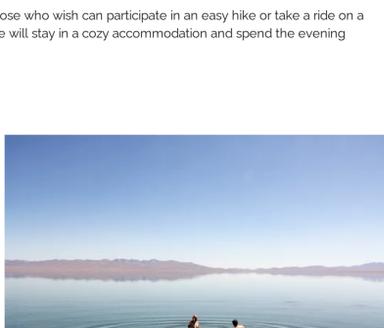


Day 6 Chon Kemin – Kochkor – Son Kul (9,842 ft)

To reach the high mountain lake Son Kul at 3,000 meters, we will take the tour bus today and drive to Kochkor (about 15 hours). Continue our small town, we will visit a traditional felt workshop and try our hand at making the national product. After lunch, we will continue our spectacular journey up to Son Kul Lake with the tour vehicle. In the afternoon, we will reach our yurt camp in the midst of the vast high mountain landscape.

-  : 200 km
-  : Yurt
-  : M/F/A

[Son-Kul Lake](#)



Day 7 Son Kul – Kochkor (5,905 ft)

We spend the day in the impressive landscape around Son Kul. Those who wish can participate in an easy hike or take a ride on a Kyrgyz horse. In the afternoon, we drive back to Kochkor, where we will stay in a cozy accommodation and spend the evening together.

-  : 100 km
-  : Guesthouse
-  : F/M/A



Day 8 Kochkor – Tura Suu (2,200 m)

Back in Kochkor, we start the second part of our cycling trip: the impressive tour along the Terskey Ala Too mountain range. Today, we are facing a more challenging mountain stage. We ride steadily uphill to the Semiz Bel Pass (2,715 m). Along the way, we take breaks to enjoy the magnificent landscape. In the small village of Tura Suu, we spend the night in a simple guesthouse and experience the generous hospitality.

-  : 56 km
-  : 1,000 hm
-  : Guesthouse
-  : M/F/A



Day 9 Tura Suu - Wild Coast Issyk Kul (1,600 m)

After breakfast, our today's stage takes us over the 2,565 m high Ala Bash Pass into the Ala Bash Valley. Time seems to have stood still in this valley. The people there live from livestock farming, and only a few travelers visit this remote side valley at Issyk Kul. Via the newly built connecting road to Issyk Kul, we leave the valley in the direction and drive down to the second largest mountain lake in the world. Along the wild shoreline landscape over sandy tracks, we reach a unique yurt camp right by the shore. (Note: In case of bad weather, the canyons and the wild shore may be impassable. In this case, we will change the stage and continue parallel in the Ala Bash side valley until Bokonbaeva – Accommodation: Yurt camp).

-  : 64 km
-  : 700 hm
-  : Yurt
-  : M/F/A



Day 10 Wild Coast – Kaji Say (1,650 m)

The stage begins impressively with the ride through the loess-shaped Kyzyl-Eschme Gorge. On a gravel road along the Tong Bay, we reach Bokonbaeva, where we pause in the garden of a guests' house and also visit an eagle hunter. We continue relaxed along the Issyk-Kul shore to Kaji Say where we end our cycling tour and toast to it.

Optional extension: Pass crossing at Kaji Say (2,540 m) with 65 km/1,300 m elevation.

-  : 57 km
-  : 1,300 hm
-  : Hotel
-  : M/F/A

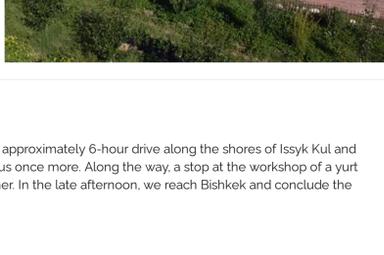
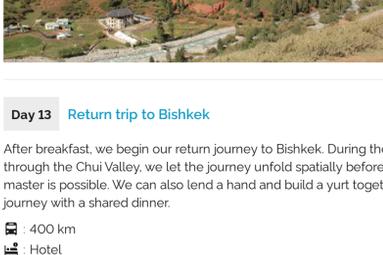
[Kaji Say](#)



Day 11 Kaji Say – Yeti Oguz (1,800 m)

The bizarre rock formations along the southern shore of Issyk Kul is not long, but invites numerous stops. In the afternoon, we take an excursion to the Orthodox rock formations near Kaji Say. Wind and water have created mystical sculptures and formations there over many years. For lunch, we are invited to a very special yurt camp. The Tai Chi Yurt Camp in Tosor not only prepares delicious vegetarian dishes, but also features yurts of all sizes, including the largest yurt in Kyrgyzstan, and not to forget one of the most beautiful beaches on Issyk Kul. After the extensive lunch stop, we continue to the Eco Village Lodge in Yeti Oguz.

-  : 110 km
-  : Lodge
-  : F/M/A



Day 12 Yeti Oguz

Today we are taking a trip to the nearby provincial capital of Karakol. The Karakol bazaar, the famous wooden Dungan mosque and Orthodox church, as well as the historical museum are just a few attractions worth visiting. Above all, the Uyghur Yurt Camp in Tosor not only prepares delicious vegetarian dishes, but also features yurts of all sizes, including the largest yurt in Kyrgyzstan, and not to forget one of the most beautiful beaches on Issyk Kul. After the extensive lunch stop, we continue to the Eco Village Lodge in Yeti Oguz.

-  : Lodge
-  : F/M/A

[Yeti Oguz](#)



Day 13 Return trip to Bishkek

After breakfast, we begin our return journey to Bishkek. During the approximately 6-hour drive along the shores of Issyk Kul and through the Chui Valley, we let the journey unfold spatially before us once more. Along the way, a stop at the workshop of a yurt master is possible. We can also lend a hand and build a yurt together. In the late afternoon, we reach Bishkek and conclude the journey with a shared dinner.

- : 400 km
- : Hotel
- : M/F

[Balykchy](#)

+ Included activities

- ✓ Rental e-mountain bike Raymon Hardray 3.0
- ✓ 13 overnight stays with breakfast (3x hotel, 2x guesthouse, 4x guest house, 2x lodge, 2x yurt), on the night of arrival, a hotel room is available regardless of the arrival time.
- ✓ Professional Epic Trails MTB Guide (English-speaking), second guide for groups of 9 participants or more
- ✓ Meals as specified in the travel description (full board during the cycling tour)
- ✓ Drinks (water, tea, coffee) and snacks during the tour (dried fruits, nuts, chocolate bars, fruit)
- ✓ Luggage transport and accompanying vehicle
- ✓ Airport transfers on the arrival and departure day of the group trip
- ✓ German-speaking city tour in Bishkek
- ✓ Excursions: Visit to the Burana Tower, city walk in Karakol, visit to a yurt builder's workshop (optional yurt assembly), visit to an eagle hunter (optional hunting trip)
- ✓ Participant T-Shirt
- ✓ Replacement bicycle and technical support in case of breakdowns
- ✓ well-equipped emergency kit

Whats not included

- ✗ Arrival and Departure
- ✗ optional excursions
- ✗ Lunch and dinner on the first and last travel day in Bishkek
- ✗ Airport transfers on individual arrival and departure days

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E-Bike Adventure / 5



Raymon HardRay E 3.0

Type Electric-Bike Sizes S, M, L, XL

Motor Yamaha PW-TE 250 W 60 Nm; Battery DT500, 500 Wh, 36V Wheels 27,5" size S, M / 29" size L, XL, Aluminium Frame, Fork 100mm Suntour, Shimano Altus 9 speed shifting, Tektro brakes, Raymon components

Will I be able to complete the tour?

We have categorized all our trips on a scale from 1 – easy to 5 – difficult. Please check the corresponding rating under the "Requirements" tab.

In most groups, participants have varying levels of fitness and riding skills. This is not a problem—we adapt accordingly. On several days, ambitious riders have the option to extend routes or choose alternative trails.

Our tours are designed so that each stage can be completed comfortably, even at a slower pace. In case of emergency, you can switch to the support vehicle. Our tours are not races—there's plenty of time for photos!

If you have any doubts, just get in touch with us.

Internet, calling and charging batteries!?

A digital detox with mountain views definitely has its charm! ✨ Still, here are some tips for electricity, internet, and phone use: SIM cards are available at the airport or in the city for €5–10. International roaming packages or providers for global eSIMs (e.g., www.airalo.com) are a good alternative. Need to charge your devices? Fixed accommodations have standard Type C outlets. In yurts or when camping, it gets tricky—so don't forget a power bank. Network coverage in the mountains is usually nonexistent, but in cities and most villages you get good access to the internet.

Is there a packing list? What should I bring?

With every booking, we also send a packing list so you don't forget anything. In general, we will be traveling in extreme climate zones. In the capital, we are at under 1,000 meters, during the mountain passes at 3,000m, and sometimes even over 4,000m depending on the trip. So, you need to be prepared for hot, cold, and occasionally wet weather in the high mountains. You should choose your clothing so that you can adjust to the conditions using the "onion principle" (layering).

For all trips with camping nights, you need to bring your own sleeping bag. We'll take care of the rest of the camping equipment.

Is Kyrgyzstan a safe country to travel to?

Yes. Kyrgyzstan is a safe and pleasant country to travel to. Travelers are welcomed in a very hospitable and polite manner. Fortunately, street crime is very rare in Kyrgyzstan. On our trips, we will make you aware of "critical" situations on the first day. This includes the usual advice: avoid nighttime city walks, do not display valuables openly, and leave expensive watches, valuable jewelry, and other unnecessary valuables at home.

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Dates & Availability

KYRGYZSTAN / E-BIKE

Starting Sunday **7 Jun**



Ending Saturday **20 Jun**

Bookable, guaranteed

Book now

Starting Sunday **21 Jun**



Ending Saturday **4 Jul**

Bookable, guaranteed

Book now

Starting Sunday **12 Jul**



Ending Saturday **25 Jul**

Bookable

Book now

Starting Sunday **6 Sep**



Ending Saturday **19 Sep**

Bookable

Book now