

# Adventure Armenia

14-day mountain bike trip through the Lesser Caucasus



☀️ 14 days 🛤️ 9 stages

Land: Armenia

Category: Mountainbike

Complexity: Medium-hard ●●●

Group size: 8 - 12

🚲 : 460 km

🏔️ : 9 Stages

📏 : 9,100 m (ascent) / 10,500 m (descent)

🚐 : Support vehicle + luggage transport

👤 : Full board during the tour

✈️ : plus flight from €350

Price per person from:

**From 2990 €**

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+49 3681 / 4111551 • [info@epic-trails.com](mailto:info@epic-trails.com) • [epic-trails.com](http://epic-trails.com)

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Our journey takes us across Armenia, riding mountain bikes through the Lesser Caucasus from the far northeast to the south of the country. We follow spectacular gorges, pass century-old monasteries, cross vast and remote plateaus, and climb extinct volcanoes. The route leads us deep into rural, authentic Armenia—far off the beaten path and rich in culture, history, and nature.

- ✓ Spectacular MTB route through the lesser Caucasus
- ✓ Wide plateaus, extinct volcanoes, and dramatic gorges
- ✓ Unique monasteries and ancient UNESCO World Heritage sites
- ✓ Swimming and relaxing at Lake Sevan
- ✓ Warm Armenian hospitality, homemade food, and an ancient wine culture
- ✓ Support vehicle, local support team, and professional Epic Trails bike guide

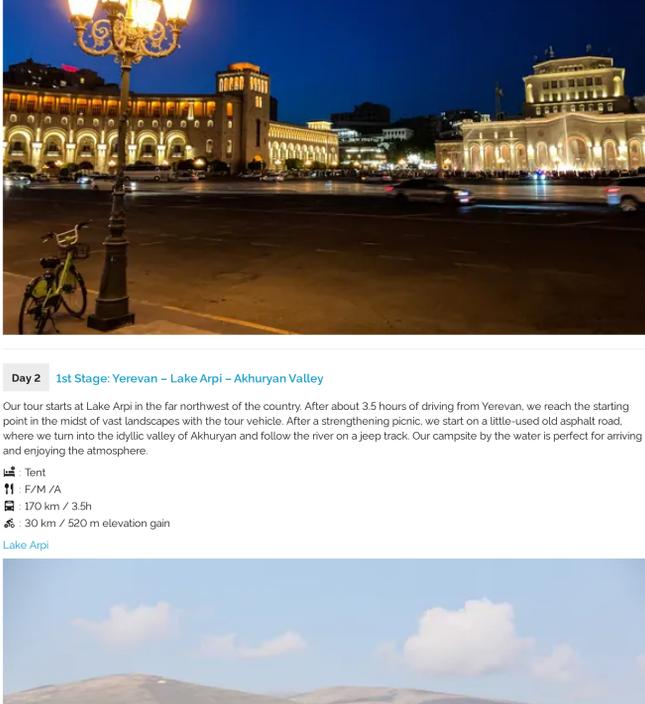
## Pilot Trip 2026

**This journey is a pilot project and requires a certain level of flexibility from each participant. The pilot trip 2026 will be led by chief guide Stefan together with local Guide Arthur, Armenia Coordinator Sebastian and our local support chief Aelita, ensuring both professional guiding and deep local insight.**

**Day 1** Arrival to Yerevan

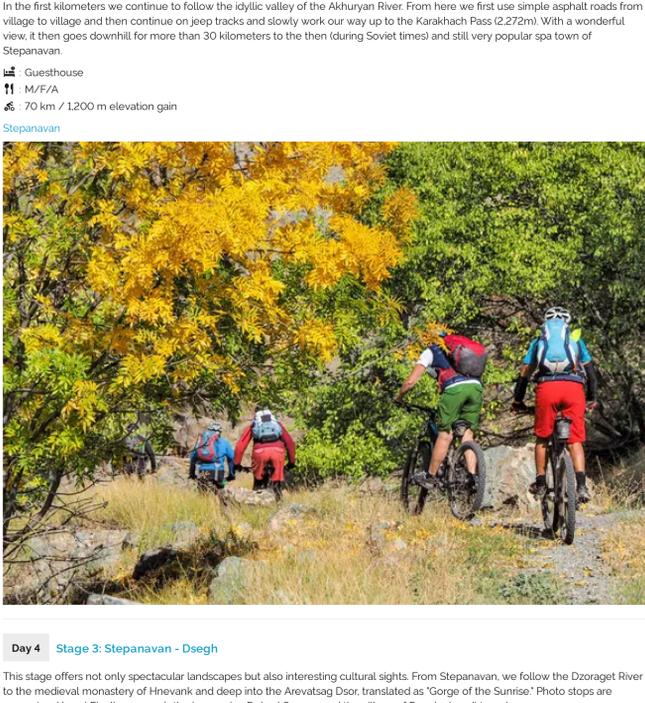
We arrive in Yerevan in the early morning hours. After the transfer to our hotel, we first treat ourselves to a few hours of rest before we dive into the first highlight together in the late morning: a city tour of Armenia's vibrant capital. Designed as a Soviet planned city, it impresses among other things with its buildings clad in red tuff, which have earned it the nickname 'Pink City.' With a diverse restaurant and bar scene, the lively metropolis invites exploration, enjoyment, and relaxation both during the day and at night.

 Hotel  
 F  
 Yerevan

**Day 2** 1st Stage: Yerevan – Lake Arpi – Akhuryan Valley

Our tour starts at Lake Arpi in the far northwest of the country. After about 3.5 hours of driving from Yerevan, we reach the starting point in the midst of vast landscapes with the tour vehicle. After a strengthening picnic, we start on a little-used old asphalt road, where we turn into the idyllic valley of Akhuryan and follow the river on a jeep track. Our campsite by the water is perfect for arriving and enjoying the atmosphere.

 Tent  
 F/M/A  
 170 km / 3.5h  
 30 km / 520 m elevation gain  
 Lake Arpi

**Day 3** Stage 2: Akhuryan Valley - Stepanavan

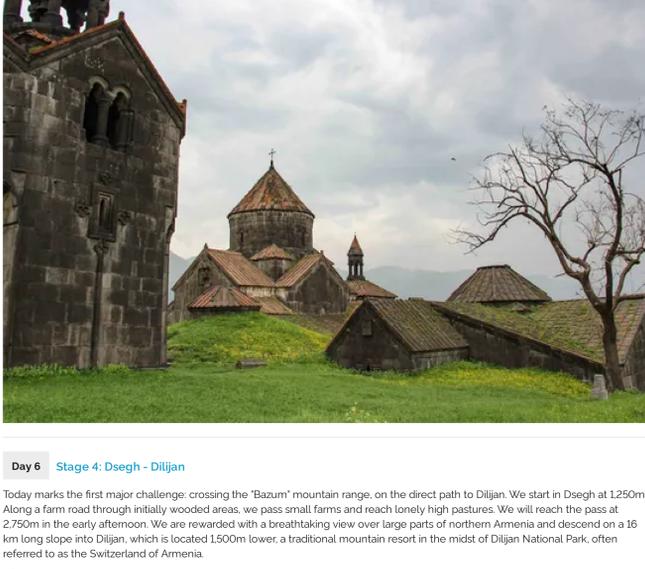
In the first kilometers we continue to follow the idyllic valley of the Akhuryan River. From here we first use simple asphalt roads from village to village and then continue on jeep tracks and slowly our way up to the Karakhach Pass (2,272m). With a wonderful view, it then goes downhill for more than 30 kilometers to the then (during Soviet times) and still very popular spa town of Stepanavan.

 Guesthouse  
 M/F/A  
 70 km / 1200 m elevation gain  
 Stepanavan

**Day 4** Stage 3: Stepanavan - Dsegh

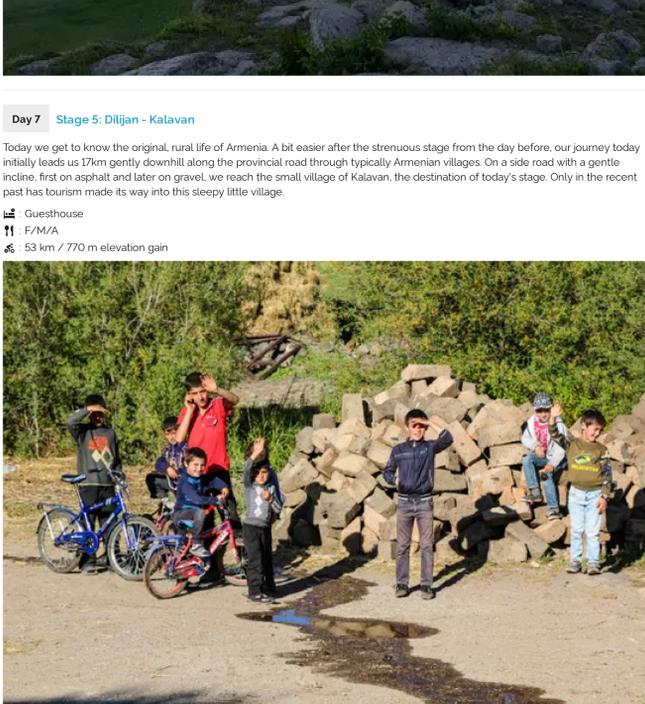
This stage offers not only spectacular landscapes but also interesting cultural sights. From Stepanavan, we follow the Dzoraget River to the medieval monastery of Hnevank and deep into the Arevatsag Dsor, translated as 'Gorge of the Sunrise.' Photo stops are guaranteed here! Finally, we reach the impressive Debed Canyon and the village of Dsegh via a dirt road.

 Guesthouse  
 F/M/A  
 70 km / 1500 m elevation gain  
 Debed Canyon

**Day 5** Rest Day Debed Canyon

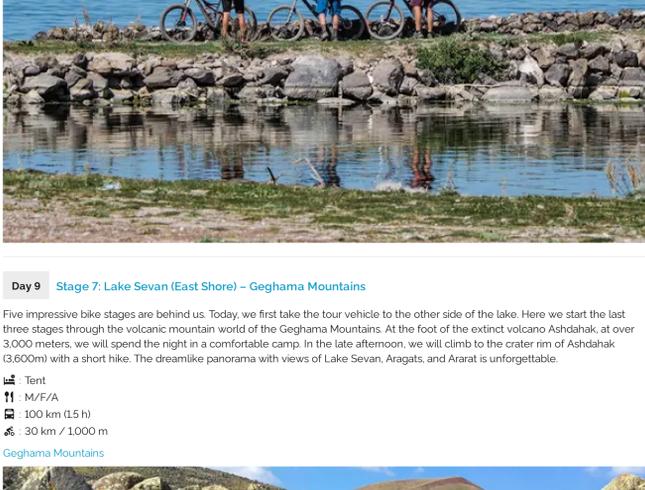
After the first three stages, we are taking a rest day today. The Debed Gorge offers a wonderful setting for it. After a cozy breakfast, we initially lead us 17km gently downhill along the provincial road through typically Armenian villages. On a side road with a gentle incline, first on asphalt and later on gravel, we reach the small village of Dsegh. Photo stops are guaranteed here! Finally, we reach the impressive Debed Canyon and the village of Dsegh via a dirt road. A short hike along the Debed Gorge rounds off the trip.

Optional: Singletail bike tour through the gorge  
 Guesthouse  
 M/F/A

**Day 6** Stage 4: Dsegh - Dilijan

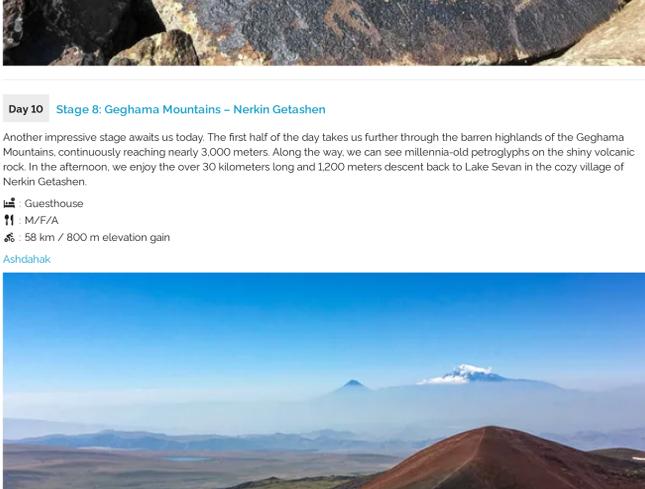
Today marks the first major challenge: crossing the 'Bazum' mountain range, on the direct path to Dilijan. We start in Dsegh at 1,250m. Along a farm road through initially wooded areas, we pass small farms and reach lonely high pastures. We will reach the pass at 2,750m in the early afternoon. We are rewarded with a breathtaking view over large parts of northern Armenia and descend on a 16 km long slope into Dilijan, which is located 1,500m lower, a traditional mountain resort in the midst of Dilijan National Park, often referred to as the Switzerland of Armenia.

 Guesthouse  
 F/M/A  
 51 km / 2,150 m elevation gain  
 Dilijan

**Day 7** Stage 5: Dilijan - Kalavan

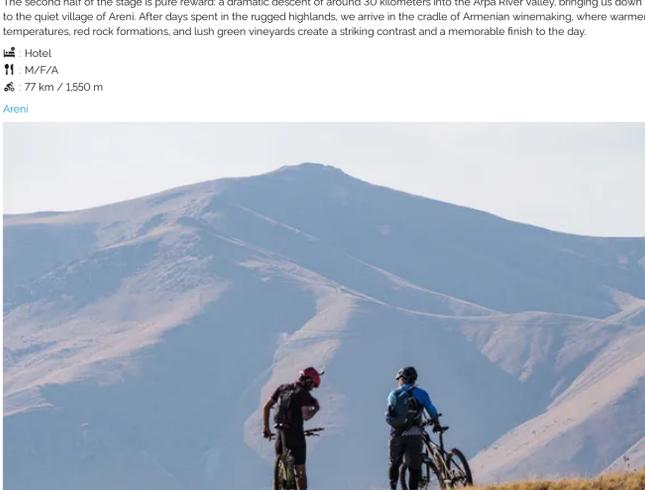
Today we get to know the original, rural life of Armenia. A bit easier after the strenuous stage from the day before, our journey today initially leads us 17km gently downhill along the provincial road through typically Armenian villages. On a side road with a gentle incline, first on asphalt and later on gravel, we reach the small village of Kalavan, the destination of today's stage. Only in the recent past has tourism made its way into this sleepy little village.

 Guesthouse  
 F/M/A  
 53 km / 770 m elevation gain

**Day 8** Stage 6: Kalavan – Lake Sevan (West Shore)

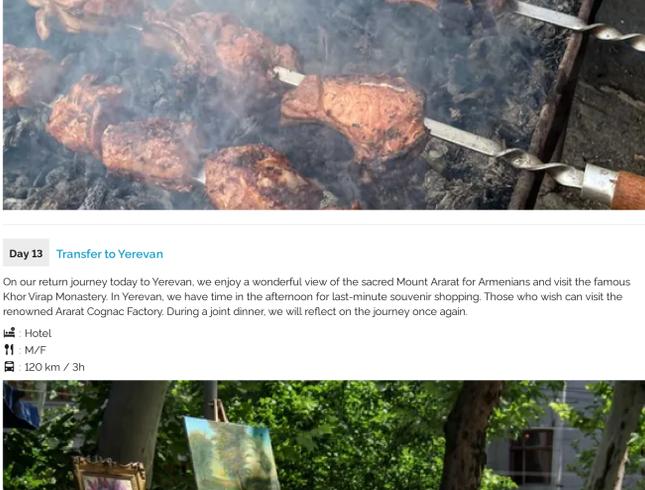
From Kalavan, we follow the river valley upstream to the Dusjurt Pass at 2,300 m. Here we cross the Areguni mountain range, which shields Lake Sevan from the east. On a gravel road, we descend 400 meters in elevation to the shore of the largest body of water in Armenia. We drive along the little-used panoramic lakeside road to our accommodation directly by the lake. Optionally, we can circle the Artanish peninsula on gravel roads and jeep trails (1-20km). In the afternoon, it's time to swim with a sea feeling at 1,900m above sea level.

 Guesthouse  
 M/F/A  
 40 km / 1,100 m  
 Areguni mountain

**Day 9** Stage 7: Lake Sevan (East Shore) – Geghama Mountains

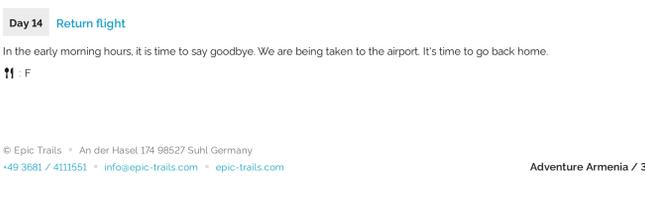
Five impressive bike stages are behind us. Today, we first take the tour vehicle to the other side of the lake. Here we start the last three stages through the volcanic mountain world of the Geghama Mountains. At the foot of the extinct volcano Ashdzhak, at over 3,000 meters, we will spend the night in a comfortable camp. In the late afternoon, we will climb to the crater rim of Ashdzhak (3,600m) with a short hike. The dreamlike panorama with views of Lake Sevan, Aragats, and Ararat is unforgettable.

 Tent  
 M/F/A  
 100 km (1.5 h)  
 30 km / 1,000 m  
 Geghama Mountains

**Day 10** Stage 8: Geghama Mountains – Nerkin Getashen

Another impressive stage awaits us today. The first half of the day takes us further through the barren highlands of the Geghama Mountains, continuously reaching nearly 3,000 meters. Along the way, we can see millennia-old petroglyphs on the shiny volcanic rock. In the afternoon, we enjoy the over 30 kilometers long and 1,200 meters descent back to Lake Sevan in the cozy village of Nerkin Getashen.

 Guesthouse  
 M/F/A  
 58 km / 800 m elevation gain  
 Ashdzhak

**Day 11** Stage 9: Nerkin Getashen – Areni

Today we tackle the king stage of the journey. The day begins with a steady ascent back toward the Geghama Mountains before we turn south and follow an ancient Silk Road route across a wide high plateau for around 20 kilometers. Apart from a short additional climb, the riding here is flowing and expansive, with a strong sense of remoteness.

The second half of the stage is pure reward: a dramatic descent of around 30 kilometers into the Arpa River Valley, bringing us down to the quiet village of Areni. After days spent in the rugged highlands, we arrive in the cradle of Armenian winemaking, where warmer temperatures, red rock formations, and lush green vineyards create a striking contrast and a memorable finish to the day.

 Hotel  
 M/F/A  
 77 km / 1,550 m  
 Areni

**Day 12** Areni - Noravank - Areni

In Areni, we enjoy the conclusion of our journey with culture and wine. We visit the renowned Noravank Monastery and the impressive cave 'Cave 1', where remnants of the oldest wine production in the world were found. We end the day with traditionally cooked khorovatz (Armenian barbecue) and house wine in our guesthouse.

**Day 13** Transfer to Yerevan

On our return journey today, we enjoy a wonderful view of the sacred Mount Ararat for Armenians and visit the famous Khor Virap Monastery. In Yerevan, we have time in the afternoon for last-minute souvenir shopping. Those who wish can visit the renowned Ararat Cognac Factory. During a joint dinner, we will reflect on the journey once again.

 Hotel  
 M/F  
 120 km / 3h

**Day 14** Return flight

In the early morning hours, it is time to say goodbye. We are being taken to the airport. It's time to go back home.

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## + Included activities

- ✓ 13 overnight stays with breakfast. (3 nights in hotels, 8 nights in guesthouses, 2 nights camping). On the day of arrival, a hotel room is available regardless of arrival time
- ✓ Meals as outlined in the itinerary. Full board during the cycling tour
- ✓ Drinks and snacks during the tour. Water, tea, coffee, and energy snacks such as dried fruits, nuts, chocolate bars, and fresh fruit.
- ✓ Professional guiding. An Epic Trails guide for groups of 9 or more participants, plus a German-speaking Epic Trails guide throughout the entire journey.
- ✓ Local support team. Experienced local guides, a cook, and a driver accompanying the tour
- ✓ Comfortable camping equipment. Including shower tent, camping toilet, comfortable sleeping pads, and a communal tent
- ✓ Luggage transport and support vehicle. A backup vehicle is available throughout the tour and can be used whenever needed
- ✓ All excursions, cultural visits, and tastings as described in the itinerary
- ✓ Basic technical support. Assistance in case of mechanical issues or breakdowns.
- ✓ Airport transfers. Group transfers on the official arrival and departure days
- ✓ Well-equipped emergency kit

## Whats not included

- ✗ Arrival and Departure (international flights)
- ✗ optional excursions
- ✗ Lunch and dinner on the first and last travel day in Yerevan
- ✗ Bicycle rental

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**Adventure Armenia / 5**



## **Scott Aspect 910 (2023) as well as smaller models for kids**

Type Hardtail-Mountain-Bike Sizes XS, S, M, L, XL

29" wheels, aluminium frame, 100mm travel RockShox Judy silver, SRAM SX 1x12 drivetrain, Shimano hydraulic disc brakes

Per tour: **250€** / Per day: **25€**

[More information →](#)

### Can I bring my own bike?

Yes, you can bring your own bike. We will assist with assembly and any repairs. You need to bring spare parts that match your bike. You will need to bring the appropriate spare parts for your bike. You must register the bicycle in advance with the airline. The bike transport costs between €100 (Pegasus Airlines) and €180 (Turkish Airlines) per flight. For our trips, we rent out high-quality full-suspension bicycles from Scott and Giant. You can find the available models in the respective tour description.

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### Does Epic Trails book the flight for me?

No, we do not book flights, but we are happy to assist. You have the option to receive a non-binding flight offer through our partner DIAMIR. Simply select this option when booking or in the inquiry form, and we will forward your request. If you prefer to book the flights yourself, we have compiled the relevant flights for each trip in the FAQ section.

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### Is the airport transfer included, and when will I be picked up?

The airport transfer is included for both individual and group trips on the first and last day of the tour, regardless of your flight connection. On these days, we pick up all participants according to their flight times and take them back to the airport at the end of the trip. You will receive details about the exact times and who will pick you up via email shortly before departure.

For arrivals and departures outside the booked travel dates, we charge a €30 airport transfer fee.

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### Will I be able to complete the tour?

We have categorized all our trips on a scale from 1 – easy to 5 – difficult. Please check the corresponding rating under the "Requirements" tab.

In most groups, participants have varying levels of fitness and riding skills. This is not a problem—we adapt accordingly. On several days, ambitious riders have the option to extend routes or choose alternative trails.

Our tours are designed so that each stage can be completed comfortably, even at a slower pace. In case of emergency, you can switch to the support vehicle. Our tours are not races—there's plenty of time for photos!

If you have any doubts, just get in touch with us.

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### Which flights and airlines are suitable?

For traveling to Yerevan, the following connections can be considered. Outbound flight on Saturday (arrival early Sunday morning) and return flight on Saturday.

- 1 Direct flights from Frankfurt with Condor and Lufthansa
- 2 Direct flight from Berlin with Eurowings – one additional night in Yerevan, as the direct return flight is only on Sunday
- 3 Flights with Turkish Airlines with a transfer in Istanbul. Departures possible from all major airports in Europe
- 4 Good connecting service via Vienna with Austrian Airlines from various airports in Germany.

Flights cost approximately €350–500, depending on the booking period and airline.

## ♥ Requirements

### Endurance medium - hard

This tour requires a solid level of basic endurance. Participants should be comfortable with daily stages of up to 70 km and elevation gains of up to 2,000 metres. The route mainly runs at altitudes of around 2,000 metres above sea level. In the second half of the journey, after proper acclimatisation, we reach the highest point of the tour, including an overnight stay at 3,000 metres and the ascent of Mount Ashdahak (3,600 metres). Several days include steep climbs, many of which are typically pushed by a large proportion of participants.

### Riding technique: easy – medium

From a technical perspective, the tour is manageable. Short exposed or blocked sections may occur but can be easily pushed. All other single trails and more demanding descents can be bypassed via gravel roads.

## ☀ Climate

Armenia has a predominantly continental climate, characterized by hot, dry summers and cold winters with relatively low snowfall. The nearby Caspian Sea and Black Sea help to moderate the climate and prevent more extreme temperature fluctuations. Due to significant differences in elevation across the country's regions, a variety of local microclimates can be found. Our routes generally range between 1,500 and 2,500 meters above sea level, where temperatures in early and late summer are ideal for cycling tours.

## 🏠 Overnight stays and single room surcharge

Accommodation during the tour includes a mix of guesthouses, tent camps, and wilderness camping. All accommodations are carefully selected, authentic, and reflect the warm hospitality Armenia is known for. During camping nights, a high level of comfort is ensured: each participant is provided with their own tent and a comfortable sleeping pad. A communal tent, as well as shower and toilet tents, are also available. You only need to bring your own **sleeping bag**.

The single room supplement applies to all overnight stays in fixed accommodation. For camping nights, single occupancy of a two-person tent is already included in the tour price.

## 📍 Change of route

Depending on weather conditions, certain sections of the route may become impassable. In such cases, adjustments to the itinerary and daily stages may be necessary. The program described represents the optimal itinerary and will be followed as planned whenever conditions permit.

## 🛂 Entry / Visa

Citizens of the EU and Switzerland do not require a visa to enter Armenia. This visa-free regime also applies to nationals of many other countries.

A valid passport is required for entry. Identity documents must be valid beyond the duration of the trip.

## \* Vaccinations and Health Care

There are no mandatory vaccinations required to enter Armenia. However, you should make sure that your routine vaccinations (such as tetanus, diphtheria, and polio) are up to date. Vaccination against hepatitis A is generally recommended. Depending on the length of your stay and planned activities, vaccinations against hepatitis B and rabies may also be worth considering.

We recommend discussing this with your doctor or a travel medicine specialist well in advance of your trip.

Further information is available at:

Center for Travel Medicine: [crm.de](http://crm.de)

Robert Koch Institute: [rki.de](http://rki.de)

These sources are for orientation only and do not replace medical advice. Ideally, start planning your vaccinations several months before departure.

## Dates & Availability

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ARMENIA / MOUNTAINBIKE

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Starting Sunday **13 Sep**

› Ending Saturday **26 Sep**

Fully booked

Book now

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